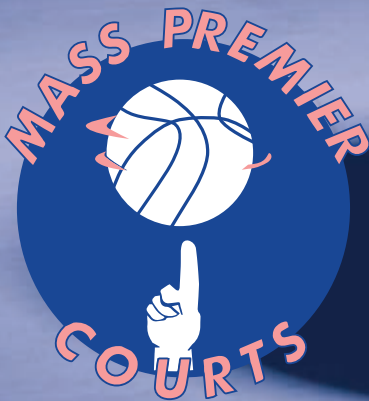


YOUR JOURNEY STARTS HERE.

Summer 2023
Camps & Clinics



508.543.2626 | Foxboro, MA | www.mpcourts.com

THE JOURNEY CONTINUES AT THE NEXT LEVEL.

All Camps & Clinics are available to both Boys & Girls!
For pricing, please visit www.mpcourts.com

JUNIOR BALLERS

GRADES K-3

Junior Ballers I July 10-July 14 (M-F)
Junior Ballers II August 7-11 (M-F)
Junior Ballers III August 21-25 (M-F)

Full Day: 9:00 am - 3:00 pm Half Day: 9:00 am - 12:00 pm

Mass Premier Courts is thrilled to take the Junior Ballers program that has become extremely popular throughout the year, and turn it into 2 week long basketball clinics in Summer 2023! Players will learn fundamental skills such as passing, ball-handling, and shooting. They will also participate in contests, games, and competitions that will test their skills in a fun-filled atmosphere. Players will compete in our full court 3 on 3 basketball games that have been a staple of the program. 3 on 3 full court games allow players a great amount of space to operate and experience success on the court!

BOYS & GIRLS SUPER WEEK

GRADES 4-12

Girls Super Week July 10-14 (M-F) Full Day: 9:00 am - 3:00 pm

MPC is proud to bring back our most popular all Girls Camp in Girls Superweek. Come learn from our MPC staff on key basketball skills like ball handling, shooting, finishing, and footwork in a fast paced and fun environment. The girls will be put through many different skill development drills as well as be put in game play situations that will help them grow their overall basketball IQ and understanding of the game!

Boys Super Week July 17-21 (M-F) Full Day: 9:00 am - 3:00 pm

Our most consistent Boys Camp is back in Summer of 2023. Sign your son up today to give him the opportunity to take his game to the next level. Our staff will drill the boys on all facets of basketball and help them to become more complete players. The boys will participate in skill-development drills as well as live game play to give them the full basketball experience this summer!

10% Sibling
Summer Discount
for Full Day
Summer Camps!

SPECIALTY WEEK

GRADES 4-9

Specialty Week August 7-11

This week is a combination of the Frontcourt, Backcourt and shooting Clinics. Signing up for the entire week allows a player to attend each of the specialty clinics for the week at a lower price.

Shooting Clinic August 7 & 8

Two days of shooting instructions with daily games and competitions. This clinic will focus on teaching players proper form, footwork and shooting mechanics. There will be focus on shooting off the catch as well as off the dribble.

Backcourt Clinic August 9 & 10

The Backcourt Clinic will focus on guard play including ball handling moves to create space with the dribble. Daily games and competitions.

Frontcourt Clinic August 11

The Frontcourt Clinic teaches players how to play with their back to the basket. Players will learn post moves, how to get position, screening and rebounding.

Combo of Shooting & Backcourt August 7-10

Combo of Backcourt & Frontcourt August 9-11

MPC has very strict guidelines that will be supported by the state, board of health and our own ideas on how to best service customers in our space in the safest manner possible. We will keep following more guidelines to ensure the safety and health of all parties.

HORNET HOOP CLINIC

This clinic is open to all towns! Must register in advance!

Hornet Hoop Clinic I
Hornet Hoop Clinic II
Boys Entering Grades 4th-8th

June 26-29 (M-Thur)
August 14-17 (M-Thur)

Full Day: 9:00 am - 3:00 pm

Register before June 11th and get \$75 OFF! Must be a Mansfield resident, email cj@mpcourts.com for the promo code.

The Hornet Hoop Clinic is designed to teach the skills and philosophies that have helped turn Mansfield basketball into a Division 2 power house. The clinic will be run by current and former high school players along with current high school staff. Throughout the 4 days the clinic focuses on drills, competition and game play that we use to build a high level team year and year out. We offer awards to the top players in different categories and spend a lot of time teaching how to improve. Over the course of the week coaches will discuss transition, half court offense, defensive principles and being an overall competitor. Our philosophy at the high school is space and sharing the ball and on defensive remove space while being a good team defender. These ideas are the core of our success and we use them to direct a lot of the drills and concepts taught during camp.



MPC HOOPS TRAINING



FOR PLAYERS

- ✓ 10+ Years Old
- ✓ Serious About Your Development



TRAINING



1 on 1



Small Group
(3-6 Players)

SIGN UP [MPCHOOPSTRAINING.GYMDESK.COM](https://mpchoopstraining.gymdesk.com)



SCAN ME

"The MPC Hoops program is simply amazing! My son began working out with Coach Rocky and his team of trainers since 2021. To witness the growth in his game confidence, speed and overall skillset has been remarkable!"

KEVIN CONNER
Dad, Mansfield

"Training with MPC Hoops has drastically improved my skills and in-game decisions. MPC Hoops – Best basketball decision I've ever made."

CLAIRE KESWICK
Tabor Academy '24

BETTER + EVERYDAY

BASKETBALL LEAGUES

MPC has a league for your player! Join as a team or an individual player. These leagues will offer a mix of fun, instruction, skills and drills!

We will focus on fundamentals and new skill development with equal play time for players.



BOYS & GIRLS HIGH SCHOOL LEAGUES V, JV, F BOYS & GIRLS MIDDLE SCHOOL LEAGUES GRADES 5-8

High School and Middle School basketball leagues give your player and opportunity to sharpen their ball handling, passing, and shooting skills, and build confidence on the court. 20 minute running halves (stop time last minute of first half and last 2 minutes of the second half).

All games are officiated by 2 certified IAABO officials and will be scored by a Mass Premier Courts score keeper. Teams must be from the same town or school district. No AAU teams or Club teams. Enter your team or sign up as an individual.

MEN'S LEAGUE

The Men's League will be held on Tuesday or Wednesday nights and consist of 8 games plus playoffs. All games are two twenty minute halves with running time. The clock will stop the last minute of the 1st half and the last two minutes of the 2nd half. All games are officiated by certified officials and use a full size scoreboard with a Mass Premier scorekeeper.

VOLLEYBALL LEAGUES

SUMMER VARSITY & SUB VARSITY VOLLEYBALL TEAM LEAGUE

VARSITY GIRLS VOLLEYBALL LEAGUE games will be timed 60 minutes including warm-ups. Teams will play best of three sets OR 60 minutes running time, whichever ends first. 8 matches (this includes one play-off match).

Games will be timed 60 minutes including warm-ups. Teams will play best of three sets OR 60 minutes running time, whichever ends first. 8 matches (this includes one play-off match).

This is a TEAM registration only. Please go to www.mpcourts.com to view dates and times. Any questions email volleyball@mpcourts.com.

- * These camps must comply with regulations of the Mass. Dept. of Public Health and be licensed by local Board of Health.*
- * Customers may request copies of background checks, health care and discipline policies, and procedures for filing grievances.*

INDIVIDUAL GIRLS VOLLEYBALL TEAM LEAGUE

Girls who are not playing on a Varsity or Sub Varsity Summer Team League and want to participate may sign up as an individual and will be placed on a team, based on evaluation day.

Please go to www.mpcourts.com to view dates and times. Any questions email volleyball@mpcourts.com.

VOLLEYBALL

BACK TO BASICS VOLLEYBALL CAMP

Boys & Girls Grades 4th-9th

July 17-20 (M-Thur)

Four Full Days: 9:00 am - 3:00 pm OR

Half Day: 9:00 am - 12:00 pm

After Care: 3:00 pm - 4:30 pm

Mass Premier Volleyball camps are growing with the addition this year of our Back to Basics camp. During each session, players will work on serving, passing, setting, hitting and defending through a variety of drill work. This fundamental focus of the basic skills of the game will help every player prepare for their future in our sport.

Early Drop Off or After Care? Visit our website for all the details.

SUMMER VOLLEYBALL SPECIALTY WEEKLY SESSION

Boys & Girls Grades 7th-12th

June 21, 28, July 12, 19, 26, August 2, 9

Time: 6:00 pm - 7:20 pm or 7:20 pm - 8:40 pm

The Specialty Weekly Sessions is focused on different aspects of the game weekly. Join us to work on your skills to tune up your game leading up to tryouts! These sessions take place on Wednesday nights.

SUMMER JR SPIKERS CAMP

Boys & Girls Grades 3rd-5th

July 31-August 4th (M-F)

Five Full Days: 9:00 am - 3:00 pm OR

Half Day: 9:00 am - 12:00 pm

After Care: 3:00 pm - 4:30 pm

We create an atmosphere of fun and learning for the beginner volleyball player! Beginners learn basic skills in an encouraging environment! This camp will use a lower net, a Volley-Lite volleyball which is regulation size but lighter weight that allows those age 12 and under to develop their skills, and a beach ball for games. Spaces is limited, register soon!

Early Drop Off or After Care? Visit our website for all the details.

Any questions please email: Volleyball Director volleyball@mpcourts.com.

VOLLEYBALL COLLEGE PREP CAMP

Boys & Girls Grades 11th-12th

July 24-28 (M-F)

Five Full Days: 9:00 am - 3:00 pm

Mass Premier is excited to offer our fifth annual College Prep Camp during our Summer Volleyball Camp. This Elite level camp will be a fast paced and college level camp for those players looking to play at the college level. Players registered for this camp must be at least entering their junior or senior year. Graduating seniors that will be playing at the college level are encouraged to register! There will be development of volleyball skills with an additional focus on team play. SPOTS ARE LIMITED!

VOLLEYBALL CAMP

Boys & Girls Grades 7th-12th

July 24-28 (M-F)

Five Full Days: 9:00 am - 3:00 pm After Care: 3:00 pm - 4:30 pm

The Mass Premier Volleyball Camp returns for the 16th consecutive summer. Our expert staff of high school coaches will provide top quality instruction to help improve your game. Emphasis will be on fundamental skills, movements and techniques for beginner, intermediate and advanced players. Our coaches will be utilizing the most current teaching techniques and progression drills; our experienced staff will ensure each camper learns the skills required for competitive volleyball. Players will be separated by age and ability.

Early Drop Off or After Care? Visit our website for all the details.

YOUTH VOLLEYBALL CAMP

Boys & Girls Grades 6th-9th

July 31-August 4 (M-F)

Five Full Days: 9:00 am - 3:00 pm OR

Half Day: 9:00 am - 12:00 pm

After Care: 3:00 pm - 4:30 pm

At the Mass Premier Youth Volleyball Camp our expert staff of high school and club coaches will provide top quality instruction to help improve your game. Emphasis will be on fundamental skills, movements and techniques for beginner and intermediate players in grades 4-9. Coaches will be utilizing the most current teaching techniques and progression drills and will ensure that each camper learns the skills required for competitive volleyball. Players will be separated by age and ability.

Early Drop Off or After Care? Visit our website for all the details.

VOLLEYBALL

PREPARE FOR VOLLEYBALL TRYOUTS

Boys & Girls Grades 9th-12th

August 14-17

6:30 pm - 9:00 pm

Welcome to 2021 Prepare for High School Volleyball Tryouts! Get into volleyball shape and impress your coach at tryouts! This program gives hopeful High School players a great opportunity to fine tune their games prior to their school's tryouts. Players will work on fundamentals, fast paced drills, volleyball conditioning, and game play. This will be held at Mass Premier Courts.

SUMMER SATURDAY MORNING VOLLEYBALL SKILLS & DRILLS

Girls Grades 5th-12th June 24, July 1, 8, 15, 22, 29, August 5, 12

Elite: Varsity players with club experience 8:30 am - 10:00 am
Intermediate: High School 9th-12th Grade 10:15 am - 12:00 pm
Beginner: 5th-8th Grade 8:30 am - 10:00 am

Players may be moved to a different session at coaches' discretion.

During each beginner/intermediate session, players will work on serving, passing, setting, hitting and defending through a variety of drill work. Players will be divided up by skill level. This is a great clinic to improve your game! These sessions will be held at Mass Premier Courts.

At the elite skills and drills level players will work with different coaches each week. Players that have varsity playing experience in addition of club experience have the opportunity to get high level coaching from local coaches for two hours each Saturday! In the past, coaches from the following programs have run Elite clinics: Providence College, Emmanuel College, Newbury College, Assumption College, Emerson College, Framingham State University, Bryant University, New England College, Wheaton College and Stonehill College.

PRIVATE VOLLEYBALL LESSONS

Boys & Girls Grades 4th-12th

Private lessons are offered at MPC depending on the availability of coaches and court space. These lessons are dictated by the athlete's interest in developing specific skills necessary for gameplay. Skills that can be worked on include serving, hitting, passing, and setting. For mor information please email the Director of Volleyball at volleyball@mpcourts.com.

K-4 BASKETBALL PROGRAMS

JUNIOR BALLERS

GRADES K-3

Junior Ballers I

July 10- 14 (M-F)

Junior Ballers II

August 7-11 (M-F)

Junior Ballers III

August 21-25 (M-F)

Full Day: 9:00 am - 3:00 pm

Half Day: 9:00 am - 12:00 pm

Mass Premier Courts is thrilled to take the Junior Ballers program that has become extremely popular throughout the year, and turn it into 2 week long basketball clinics in Summer 2023! Players will learn fundamental skills such as passing, ball-handling, and shooting. They will also participate in contests, games, and competitions that will test their skills in a fun- filled atmosphere. Players will compete in our full court 3 on 3 basketball games that have been a staple of the program. 3 on 3 full court games allow players a great amount of space to operate and experience success on the court!

JR BALLERS 3RD GRADE LEAGUE

Boys & Girls Grades Entering 3rd Grade (Individual Registration)

This is for current 2nd graders that would like to continue working on their skills in a more competitive environment. They will shoot on the 8.5-foot rim and use the 27.5 ball to encourage proper skill mechanics. This is more advanced then the K-3rd grade Jr Ballers program we run. This league continues 4 on 4 play to encourage lots of touches and more space on the floor.

Players will receive a 10 minute warm-up/practice period, before they begin 40 minute games. Each game will have 1 certified official and a score keeper. This is the perfect way for your 3rd Grader to be introduced to organized basketball game play – perfect for all Junior Ballers veterans! Volunteer coaches are welcomed! Hoop height 8.5 feet (27.5 ball).

Players will receive a 10% discount to both programs if they sign up for both the Junior Ballers and Jr Ballers 3rd Grade League. Email cj@mpcourts.com for Promo Code.

Please go to www.mpcourts.com to view dates and times. Any questions email basketballs@mpcourts.com.

K-4 BASKETBALL PROGRAMS

4TH GRADE INTRODUCTION LEAGUE

Boys & Girls Grades Entering 4th Grade (Individual Registration)

Do you have an experienced/more advanced 3rd Grade player? MPC will be offering this league which will give your player the chance to step onto the court in a 5 on 5 atmosphere, where they will work with our experienced staff on not only skills, but real life game concepts. When league play opens up-players will receive a 30 minute warm-up/practice period, and the remainder of the time will be game play. Each game will have 1 certified official. Perfect for all Junior Baller veterans! Volunteer coaches are welcomed! Hoop height 10 feet (28.5 ball for boys & 27.5 ball for girls) 20 players per session. This league is for current 3rd graders.

HOOP HEIGHT: Hoop height 10 feet (28.5 ball for boys & 27.5 ball for girls)

Players will receive a 10% discount to both programs if they sign up for both the Junior Ballers and Jr Ballers 3rd Grade League. Call/Email for Promo Code.

Please go to www.mpcourts.com to view dates and times. Any questions email basketballops@mpcourts.com.

WEEKLY BASKETBALL PROGRAMS

JR BALLERS WEEKLY CLINIC

Boys and Girls / Grades K-3

Junior Ballers is very fundamental based and its purpose is to teach proper mechanics and provide each individual with an understanding of how to practice and get better on your own. This is a great way for your child to stay active in the sport and learn new, fundamental ways to fine tune their skills and develop better habits on the basketball court.

Please go to www.mpcourts.com to view dates and times. Any questions email basketballops@mpcourts.com.

WHAT TO BRING

Money for drinks, snacks, and lunch at the concession stand *OR* bring your own.

Appropriate gym attire including a t-shirt, shorts, *AND* speakers.

To prevent items from being lost or damaged, campers do *NOT* need to bring basketballs or other valuable items to camp.

CAMP STAFF

We have assembled a staff of high school and college coaches to provide the best possible instruction for our campers. Current college and high school players will serve as camp counselors. Background checks are done through the CORI/STUDIO process for all camp staff. The staff will focus on fundamentals while providing a safe learning environment for players to learn and enjoy the great game of basketball.

PREVIOUS CAMP & CLINIC STAFF

Dan Nagle - *Nichols College*

Andy Carl - *Attleboro HS*

Ryan Henry - *Attleboro HS*

David Bostick - *MCLA*

Dan Langmead - *Norton HS*

Bobby Introini - *Mansfield HS*

Mike Adams - *Xaverian Brothers HS*

Alycia Gervais - *Dean College*

Amy Siggins - *Taunton HS*

Nikki Correia - *North Attleboro HS*

Tyler Barbosa - *Kickemuit Middle School*

Kyle Valenzuela - *Lasell University*

Varsity Girls

Asst. Varsity Boys

Asst. Varsity Boys

Head Women's Basketball

Varsity Girls

Asst. Varsity Boys

Asst. Varsity Boys

Head Women's Basketball

Varsity Girls

Varsity Girls

Head Boys

Freshmen Boys

For pricing, please visit www.mpcourts.com

A TYPICAL CAMP DAY

HALF
DAY

FULL
DAY

8:00 am	Early Drop Off
8:45 - 9:00 am	Check In, Attendance, Free Shooting
9:00 - 9:05 am	Opening Remarks
9:05 - 9:15 am	Full Court Drill
9:15 - 9:25 am	Dynamic Stretching
9:25 - 10:30 am	Skills and Drills Stations
10:30 - 10:45 am	Fast Break
10:45 - 11:00 am	Team Practice
11:00 am - 12:00 pm	Games
12:00 - 12:45 pm	Lunch
12:45 - 1:00 pm	Individual Instruction, Free Shooting
1:00 - 1:05 pm	Attendance
1:05 - 1:20 pm	Lecture
1:20 - 1:40 pm	Lecture Breakdown Drills
1:40 - 2:00 pm	1 on 1, 2 on 2, or 3 on 3 Tournaments
2:00 - 2:55 pm	Afternoon Games
2:55 - 3:00 pm	Closing Comments
3:00 - 3:15 pm	Parent Pick-Up and Sign Out
4:30 pm	Late Pick-up

REGISTER ONLINE AT WWW.MPCOURTS.COM



@mpcourts.com

EARLY DROP OFF

8:00 am

No additional charge

Available each morning of our camps and clinics. Please call ahead.

LATE PICK UP after 3:30 pm
(latest pick up 4:30 pm)

\$7/day or \$30/week

Please indicate which days you will be picking up late during registration.

CAMPER GROUPINGS

Campers are grouped according to gender, grade, and ability. The camp staff reserves the right to move players based on their ability to ensure that each camper has the best possible competitive learning environment.

* This camp must comply with regulations of the Mass. Dept. of Public Health and be licensed by local Board of Health.

* Customers may request copies of background checks, health care and discipline policies, and procedures for filing grievances.

CANCELLATION INSURANCE

Mass Premier Courts will only refund those players who are injured and have a doctor's note indicating why they cannot attend camp/clinic. For an additional \$25 per camp, you can purchase cancellation insurance which allows participants to receive full reimbursement, excluding the insurance fee. You can purchase cancellation insurance with online registration.

The following rules must be adhered to:

1. Cancellation insurance **MUST** be purchased at the time of registration. It cannot be added at a later date.
2. All payment must be met in order to receive reimbursement.
3. The cost of cancellation insurance will not be refunded.
4. Mass Premier Courts must be notified by email or phone no later than the first day of the camp that you are registered.
5. Once the clinic begins, refunds will not be issued. **NO EXCEPTIONS.**

REGISTER ONLINE AT WWW.MPCOURTS.COM



**Mass Premier Courts
97 Green Street
Foxboro, MA 02035**

PRSRT STD
US Postage
Paid
Brockton MA
Permit #601

BE PREMIER.